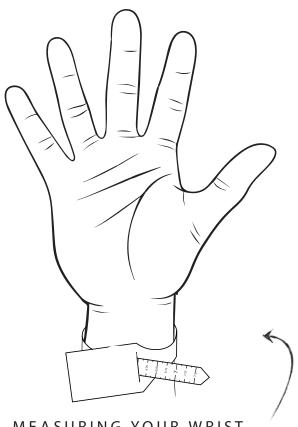




## HOW TO MEASURE YOUR WRIST

## MEASURING ACCURATELY

To make sure the sizer is printed accurately, make sure your credit card has the excact same length as the line above.



MEASURING YOUR WRIST

After having cut out the sizer, slide the arrow-shaped end of the sizer through the "wrist size" slit. Make sure you measure it skin tight and note the measurements closest to the slit.